



White Hamburger Buns

Nutrition Facts	
Serving Size 1 Bun (71g) Servings Per Container 12	
Amount Per Serving	
Calories 200	Calories from Fat 35
% Daily Value*	
Total Fat 3.5g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 230mg	10%
Total Carbohydrate 34g	11%
Dietary Fiber 1g	4%
Sugars 6g	
Protein 6g	
Vitamin A 10%	• Vitamin C 0%
Calcium 6%	• Iron 10%
Thiamin 35%	• Riboflavin 15%
Niacin 20%	• Folate 20%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, POTASSIUM BROMATE), WATER, SUGAR, WHEY, DEXTROSE, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN & COTTONSEED OIL), SOY FLOUR, SALT, MONO & DIGLYCERIDES, EGG, YEAST, SOYBEAN OIL, MAY CONTAIN 2 % OR LESS OF: SODIUM STEAROYLE LACTOLATE, FOOD STARCH, AMMONIUM, DIACETYL TARTARIC ACID ESTERS OF MONO & DIGLYCERIDES (DATEM), L. CYSTEIN, VINEGAR, CALCIUM PROPIONATE, MONOCALCIUM PHOSPHATE, CALCIUM SULFATE (PRESERVATIVES), ASCORBIC ACID, AZODICARBONAMIDE, ENZYMES.

White Bun Contains Egg, Milk, Soy, Wheat.
Manufactured in a Facility that Processes
Peanuts and Tree Nuts.

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