



Wheat Texas Toast

Nutrition Facts

Serving Size 1 Slice (57g)
Servings Per Container 13

Amount Per Serving

Calories 130 **Calories from Fat** 15

% Daily Value*

Total Fat 1.5g **2%**

 Saturated Fat 0g **0%**

 Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 330mg **14%**

Total Carbohydrate 26g **9%**

 Dietary Fiber 3g **12%**

 Sugars 2g

Protein 5g

Vitamin A 0% • Vitamin C 0%

Calcium 6% • Iron 8%

Thiamin 20% • Riboflavin 8%

Niacin 15% • Folate 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: WHEAT FLOUR, {WHOLE WHEAT FLOUR AND ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID)}, WATER, SUGAR, YEAST, CONTAINS 2% OR LESS OF: VEGETABLE OIL SHORTENING {(MAY CONTIAN ONE OR MORE OF THE FOLLOWING: PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED, OR PALM OIL) MONO & DIGLYCERIDES, CITRIC ACID}, SALT, POTATO FLOUR, VITAL WHEAT GLUTEN, VINEGAR, CALCIUM PROPIONATE, POTASSIUM BROMATE, CALCIUM SULFATE, (PRESERVATIVES), DATEM, SOY OIL, ASCORBIC ACID, L. CYSTEIN, ENZYMES.

Potato Wheat Contains Soy and Wheat.
Processed in a Facility that Manufactures Egg,
Milk, Peanuts and Tree Nuts.

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