



## Shepherd

<b>Nutrition Facts</b>	
Serving Size 3 oz (85g)	
Servings Per Container 12	
<b>Amount Per Serving</b>	
<b>Calories 210</b>	<b>Calories from Fat 30</b>
% Daily Value*	
<b>Total Fat 3.5g</b>	<b>5%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 400mg</b>	<b>17%</b>
<b>Total Carbohydrate 39g</b>	<b>13%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 4g	
<b>Protein 6g</b>	
Vitamin A 0%	• Vitamin C 0%
Calcium 6%	• Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, VEGETABLE OIL SHORTENING (MAY CONTAIN ONE OR MORE OF THE FOLLOWING: PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED, OR PALM OIL), MAY CONTAIN 2% OR LESS OF: YEAST, SALT, DIACETYL TARTARIC ACID ESTERS OF MONO & DIGLYCERIDES (DATEM), SOY OIL, CALCIUM PROPIONATE, CALCIUM SULFATE, ASCORBIC ACID, VINEGAR (PRESERVATIVES), L. CYSTEIN, ENZYMES, POTASSIUM BROMATE, AZODICARBONAMIDE, TO IMPROVE YEAST BAKING.

Contains Wheat.

Manufactured in a Facility that Processes Egg, Soy, Milk, Peanuts, and Tree Nuts

8556 S 2940 W  
West Jordan, UT 84088  
1-800-748-4335  
dunfordbakers.com