



## Hale White Bread

### Nutrition Facts

Serving Size 1 Slice (40g)  
Servings Per Container 17

Amount Per Serving			
<b>Calories</b> 90		<b>Calories from Fat</b> 5	
		% Daily Value*	
<b>Total Fat</b> 0.5g			1%
Saturated Fat 0g			0%
Trans Fat 0g			
<b>Cholesterol</b> 0mg			0%
<b>Sodium</b> 180mg			8%
<b>Total Carbohydrate</b> 18g			6%
Dietary Fiber 1g			4%
Sugars 1g			
<b>Protein</b> 3g			
Vitamin A 0%	•	Vitamin C 0%	
Calcium 2%	•	Iron 6%	
Thiamin 15%	•	Riboflavin 8%	
Niacin 10%	•	Folate 10%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			

INGREDIENTS: ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, COMPRESSES YEAST, HONEY CRYSTALS, POTATO FLOUR, SALT, SOYBEAN OIL, VINEGAR, WHEAT FLOUR, CALCIUM SULFATE, ENZYMES, CALCIUM PROPIONATE.

Contains Wheat.  
Manufactured in a Facility that Processes Egg,  
Milk, Soy, Peanuts, and Tree Nuts.

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