



Maple Ring

Nutrition Facts	
Serving Size 1 Donut (85g)	
Amount Per Serving	
Calories 350	Calories from Fat 130
% Daily Value*	
Total Fat 15g	23%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 51g	17%
Dietary Fiber 1g	4%
Sugars 24g	
Protein 4g	
Vitamin A 0%	• Vitamin C 2%
Calcium 2%	• Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Contains Milk, Soy, Wheat.
 Manufactured in a Facility that
 Processes Egg, Peanuts and Tree
 Nuts

INGREDIENTS: DONUT: ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID) WATER, ANIMAL OR VEGETABLE OIL SHORTENING (MAY CONTAIN ONE OR MORE OF THE FOLLOWING: PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED, TALLOW, OR PALM OIL), YEAST MALTED BARLEY FLOUR, DEXTROSE, MAY CONTAIN 2% OR LESS OF: SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), YEAST, SOY FLOUR, DRY WHEY, MONO & DIGLYCERIDES WITH BHT AS PRESERVATIVE, SODIUM STEAROYL LACTYLATE, NONFAT MILK SOLIDS, NONFAT DRY MILK, WHEAT STARCH, CORN OIL, BETA CAROTINE AS COLOR, ENZYMES, CITRIC ACID, SILICON DIOXIDE, ALPHA TOCOPHEROLS AS PRESERVATIVE.
 ICING: SUGAR, WATER, MAY CONTAIN 2% OR LESS OF: SALT, CORN SYRUP SOLIDS, CORNSTARCH, AGAR, PARTIALLY HYDROGENATED SOYBEAN OIL, AND/OR PARTIALLY HYDROGENATED COTTONSEED OIL, CALCIUM CARBONATE, CALCIUM SULFATE AND CARBOXYMETHYLCELLULOSE.