



## Crumb Snack Donut

<b>Nutrition Facts</b>	
Serving Size 1 Donut (35g)	
Amount Per Serving	
<b>Calories</b> 140	Calories from Fat 70
% Daily Value*	
<b>Total Fat</b> 7g	<b>11%</b>
Saturated Fat 4.5g	<b>23%</b>
Trans Fat 0g	
<b>Cholesterol</b> 15mg	<b>5%</b>
<b>Sodium</b> 130mg	<b>5%</b>
<b>Total Carbohydrate</b> 19g	<b>6%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 12g	
<b>Protein</b> 1g	
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: ENRICHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WATER, COCONUT, ANIMAL OR VEGETABLE OIL SHORTENING (MAY CONTAIN ONE OR MORE OF THE FOLLOWING: PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED, TALLOW OR PALM OIL), SOYBEAN OIL, DRY EGG YOLK, SOY FLOUR, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE), MAY CONTAIN 2% OR LESS OF: SALT, NONFAT DRY MILK SOLIDS, WHEAT STARCH, DRY WHEY, SOY LECITHIN, DEXTROSE, CELLULOSE GUM, CORN STARCH, BETA CAROTENE AS COLOR, ALPHA TOCOPHEROL, AS PRESERVATIVE, CITRIC ACID, SILICON DIOXIDE, CORN OIL, CORN SYRUP SOLIDS, CORNSTARCH, AGAR, CALCIUM CARBONATE, CALCIUM SULFATE, CARBOXYMETHYCELLULOSE, NATURAL AND ARTIFICIAL FLAVORS, YELLOW 5, YELLOW 6.

Contains Egg, Milk, Soy, Coconut, and Wheat.  
 Manufactured in a Facility that Processes  
 Peanuts and Tree Nuts.