



Crumb Coconut Assorted Cake Donut

Nutrition Facts	
Serving Size 1 Donut (105g)	
Amount Per Serving	
Calories 400	Calories from Fat 170
% Daily Value*	
Total Fat 18g	28%
Saturated Fat 9g	45%
Trans Fat 1.5g	
Cholesterol 45mg	15%
Sodium 430mg	18%
Total Carbohydrate 56g	19%
Dietary Fiber 1g	4%
Sugars 35g	
Protein 4g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Contains Egg, Milk, Soy, Wheat, and Coconut.
 Manufactured in a Facility that Processes
 Peanuts and Tree Nuts.

INGREDIENTS: DONUT: ENRICHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WATER, ANIMAL OR VEGETABLE OIL SHORTENING (MAY CONTAIN ONE OR MORE OF THE FOLLOWING: PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED, TALLOW OR PALM OIL), SOYBEAN OIL, EGGS, SOY FLOUR, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SALT, NONFAT MILK, WHEAT STARCH, WHEY, SOY LECITHIN, NONFAT DRY MILK, DEXTROSE, CELLULOSE GUM, ARTIFICIAL FLAVOR, CORN STARCH, BETA CAROTENE AS COLOR, ALPHA TOCOPHEROL AS PRESERVATIVE, CITRIC ACID, CORN OIL, YELLOW 5, YELLOW 6. ICING: SUGAR, WATER, CALCIUM CARBONATE, SUGAR, AGAR, SALT, MONO & DIGLYCERIDES, SORBITAN MONOSTEARATE, NATURAL AND ARTIFICIAL FLAVORS, SALT, TITANIUM DIOXIDE. TOPPING: SUGAR, CORN SYRUP, TOASTED COCONUT (COCONUT, SUGAR, DEXTROSE, SALT), WHEAT FLOUR, CORN CEREAL, PARTIALLY HYDROGENATED SOYBEAN OIL, FOOD STARCH-MODIFIED (WHEAT), OATS, SALT, CARAMEL COLOR, BAKING SODA, ARTIFICIAL FLAVOR, YELLOW 6, YELLOW 5.