



Cinnamon Danish

Nutrition Facts	
Serving Size 1 Danish (113g)	
Amount Per Serving	
Calories 460	Calories from Fat 210
% Daily Value*	
Total Fat 23g	35%
Saturated Fat 5g	25%
Trans Fat 7g	
Cholesterol 20mg	7%
Sodium 450mg	19%
Total Carbohydrate 57g	19%
Dietary Fiber 2g	8%
Sugars 29g	
Protein 7g	
Vitamin A 2%	• Vitamin C 0%
Calcium 10%	• Iron 15%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: SUGAR, ENRICHED FLOUR BLEACHED (WHEAT FLOUR, MALTED BARELY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MARGARINE (PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OIL, WATER, SALT, MONO AND DIGLYCERIDES, SOYLECITHIN, SODIUM BENZOATE, ARTIFICIAL FLAVOR, COLORED WITH BETA-CARONETE, VITAMIN A PALMITATE ADDED), SHORTENING (PARTIALLY HYDROGENATED SOYBEAN OIL AND PARTIALLY HYDROGENATED COTTONSEED OIL, WITH POLYGLYCEROL ESTERS OF FATTY ACIDS AND MONOGLYCERIDES ADDED, TBHQ AND CITRIC ACID ADDED TO HELP PROTECT FLAVOR), CINNAMON, EGGS, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE, SODIUM ALUMINUM PHOSPHATE, ALUMINUM SULFATE), NONFAT MILK, SOY FLOUR, MAY CONTAIN 2% OR LESS OF: SALT, CALCIUM CARBONATE, AGAR, SORBITAN MONOSTEARATE, NATURAL AND ARTIFICIAL FLAVORS, DEXTROSE, CORN STARCH, LESS THAN 0.1% TUMERIC, LESS THAN 0.1% APO CAROTENAL, ALCOHOL, NATURAL MIXED TOCOPHEROLS, A NATURAL SOURCE OF VITAMIN E USED TO PROTECT FRESHNESS, ARTIFICIAL COLOR.

Contains Egg, Milk, Soy, Wheat.
 Manufactured in a Facility that Processes Peanuts and Tree Nuts.

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