



Chocolate Bar

Nutrition Facts	
Serving Size 1 Donut (99g)	
Amount Per Serving	
Calories 420	Calories from Fat 170
% Daily Value*	
Total Fat 19g	29%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 56g	19%
Dietary Fiber 1g	4%
Sugars 24g	
Protein 6g	
Vitamin A 0%	• Vitamin C 2%
Calcium 2%	• Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Contains Milk, Soy, Wheat.
 Manufactured in a Facility that
 Processes Egg, Peanuts, Tree
 Nuts

INGREDIENTS: DONUT: ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID) WATER, ANIMAL OR VEGETABLE OIL SHORTENING (MAY CONTAIN ONE OR MORE OF THE FOLLOWING: PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED, TALLOW, OR PALM OIL), YEAST Malted BARLEY FLOUR, DEXTROSE, MAY CONTAIN 2% OR LESS OF: SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), YEAST, SOY FLOUR, DRY WHEY, MONO & DIGLYCERIDES WITH BHT AS PRESERVATIVE, SODIUM STEAROYL LACTYLATE, NONFAT MILK SOLIDS, NONFAT DRY MILK, WHEAT STARCH, CORN SYRUP, POLYSORBATE 80, CORN OIL, BETA CAROTENE AS COLOR, ENZYMES, GLYCERIN, CITRIC ACID, SILICON DIOXIDE, ALPHA TOCOPHEROLS AS PRESERVATIVE, CARAMEL COLOR, NATURAL AND ARTIFICIAL FLAVORS. ICING: SUGAR, WATER, COCOA (PROCESSED WITH ALKALI), VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED AND PALM KERNEL OILS, SOY LECITHIN AND MONO & DIGLYCERIDES), CORN SYRUP, MAY CONTAIN 2% OR LESS OF: SOYBEAN OIL, SALT, CORN SYRUP SOLIDS, CORN STARCH, AGAR, CALCIUM CARBONATE, CALCIUM SULFATE AND CARBOXYMETHYLCELLULOSE, RED #3, RED #40, SODIUM BENZOATE AS PRESERVATIVE, ARTIFICIAL FLAVORS.